

The Extra & New Points

There is anywhere between 30 to 1500 extra and new points in the body depending upon which text you read. Many are right over main points while the names of these points differ in many texts. Many of them are so close to main stream points that it is not worth including them with reference to kyusho. Others are inside the mouth or ear etc. The extra and new points are those that do not seem to lie upon any particular meridian and those that have been discovered in relatively modern times. Perhaps in the future someone will discover that there are other meridians that link all of these meridians. The only way we have to recognise the extra and new points is by their Chinese name, which in most cases reflects either a physical location or what the point does in the healing area. You will also see that many of these points are struck anyway, when you strike many of the main points, and it is difficult to judge which point is actually doing the damage!

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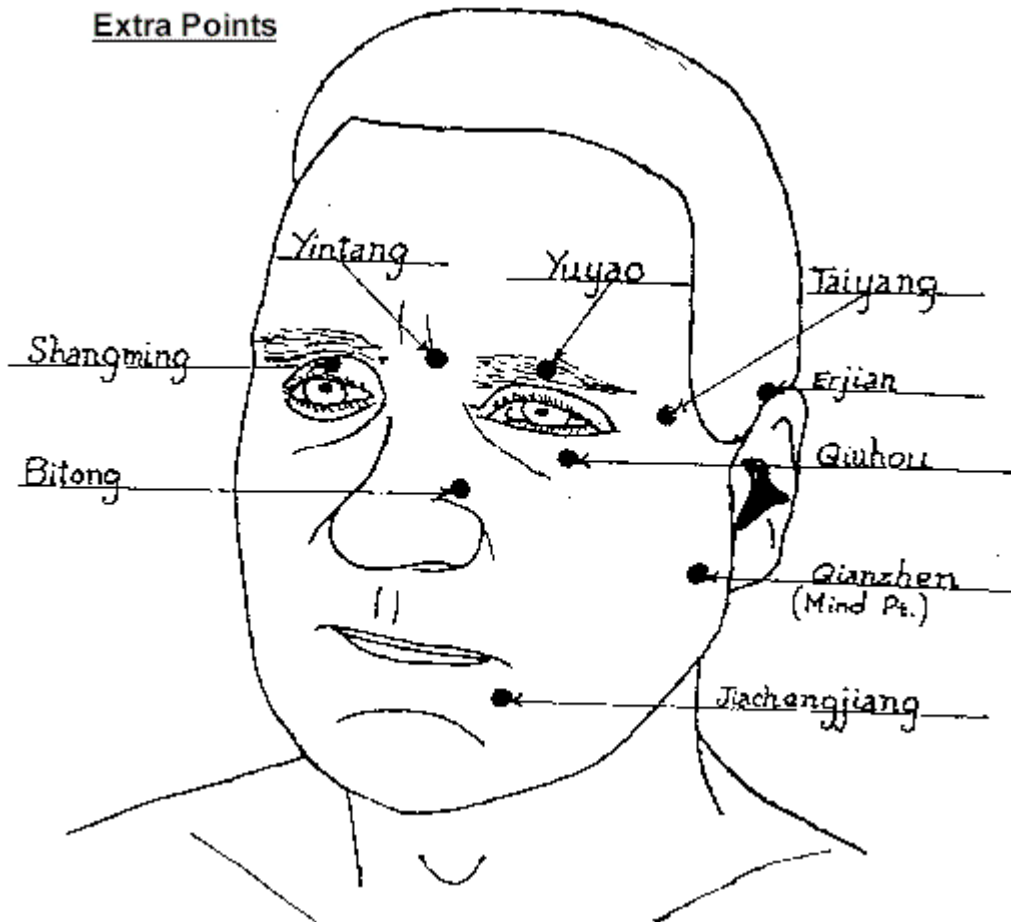
Sishencong:

Located on the top of the head, there are four points that make up this group of points. They are also sometimes called "the inner square" in kyusho. 'Si' meaning a group of four points, front back left and right, 'Shen' meaning spirit or mind and cong meaning to cause one to be smart or intelligent. If you find "Bahui" or GV 20, and take points on the four points of the compass 1 cun distance from GV 20 then you have this square of points surrounding Bahui.

In kyusho, this strike is done with the whole palm slapping downwards onto the top of the head striking all five (including Bahui) points at the same time.

This strike will cause extreme dizziness with insomnia as a long term effect. It is also indicated to cause mental instability.

In the healing area it is good for mental activity and to sharpen the intelligence.



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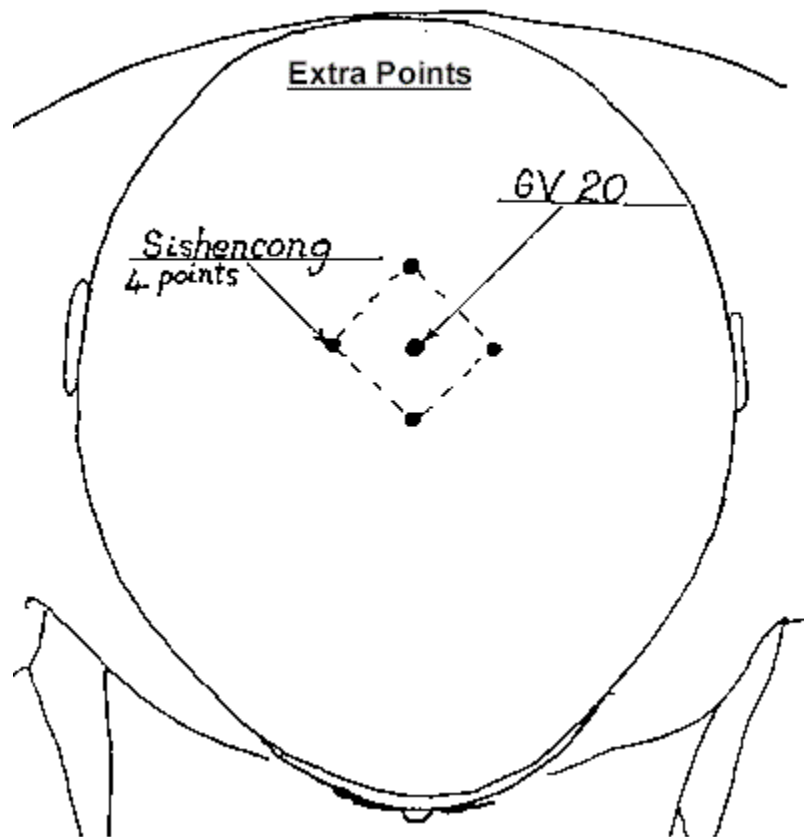
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Yintang:

This point I have already mentioned. Meaning "decorating place", this is the point that people used to decorate for cosmetic reasons. Yin means to stain while tang means an area or place. It is located at the third eye point and in fact is the third eye point between the eyebrows on the GV meridian but is not a GV point.

In kyusho, this point is usually used with a cupped slap to the side of the neck causing knock out and is in fact the old 'evangelist's knock out'. Those that can knock people out and who are not setting up the whole thing at rallies etc., always place their other hand at the side of the neck first, then push backwards onto yintang! It shocks the brain causing knock out. It is usually struck using the 'mounts' of the fingers which are pushed out (protruded) as the palm makes contact with the point.

In the healing area this point is used for things like; vertigo, pain in the eye, red eyes, nausea, vomiting and acute infantile convulsions. It can be combined with Neigwan for things like sea sickness and nausea and it is often bled.



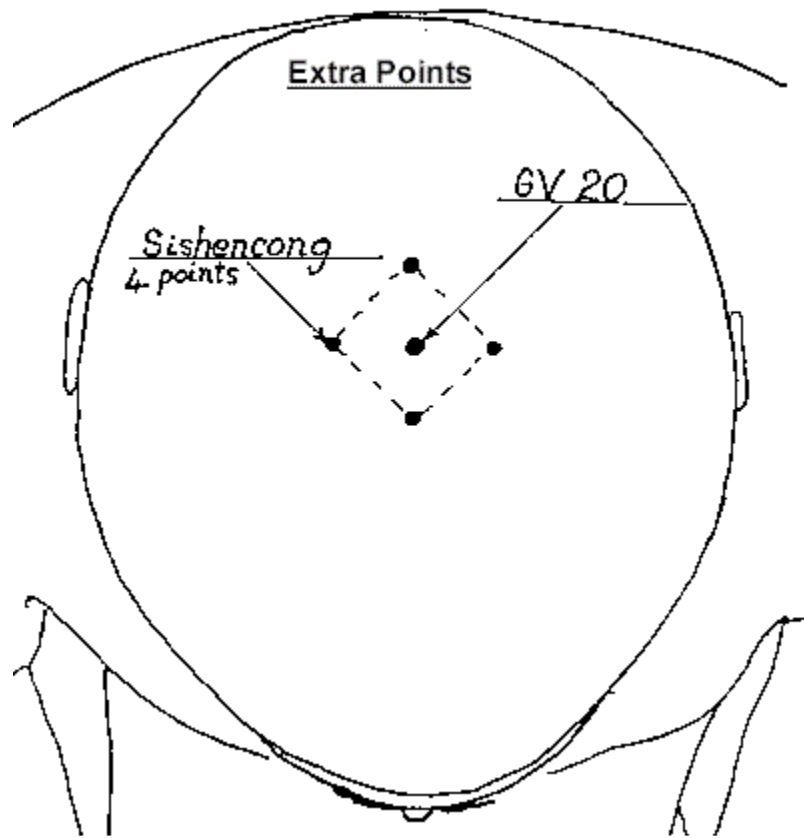
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Yuyao:

Meaning the 'fish's belly', this point is located in the middle of the eyebrow. It is struck straight in with a one knuckle punch causing considerable damage to the qi system of the body draining qi. In the healing area it is used for; painful eyes, eyelids that flicker, mouth and eye awry.



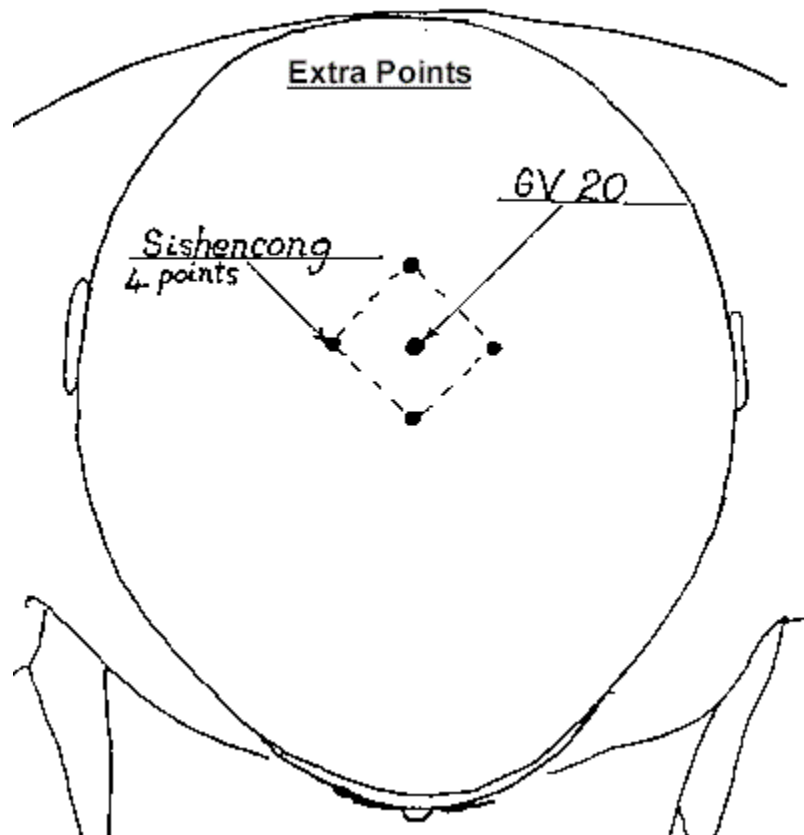
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Taiyang:

This point is so close to GB 1 at the corner of the eye that it is impossible to miss it when striking to GB 1. It also is struck from rear to front causing knock out and internal yang qi damage causing weakness. It is struck with the same weapons that GB 1 is struck, like a finger strike moving from rear to front. Meaning 'supreme' (as in 't'ai' from t'ai chi ch'uan, or supreme ultimate boxing) yang because this is where the yang meridians converge and where the yang qi is the most abundant. In the healing area it is used for things like; trigeminal neuralgia, eye problems and one sided headache. It can also be used with GB 20 for squinting eyes.



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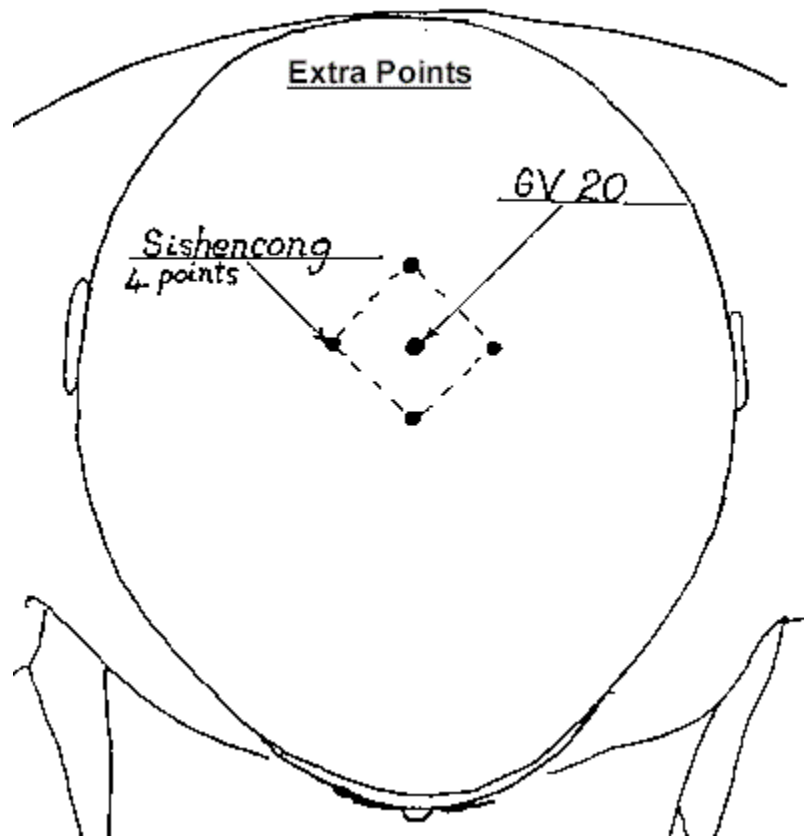
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Qianzhen:

Meaning 'to pull normal', this point is also called the 'mind point' in kyusho as it causes knock out from blocking the messages from getting from C.N.S. to the brain. Many a boxer has been struck on this point, and even with the gloves, it causes them to fall down. It is located 0.5 cun anterior to the lobulus auriculæ, which means just in front of the ear lobe on the back part of the jaw. It is a particularly sore point when pressed back and in towards the back bone. It is usually struck with a one knuckle punch or you can use a heel palm.

In healing, it is used for halitosis, sore rear teeth, mouth and eye awry and mouth ulcer.

Knock out could also be caused by striking this point because the brain stem is kinked when the head moves backwards violently. This kind of knock out is prevalent in the boxing sport when a strike of great power hits the chin area anywhere causing the brain stem to be kinked.



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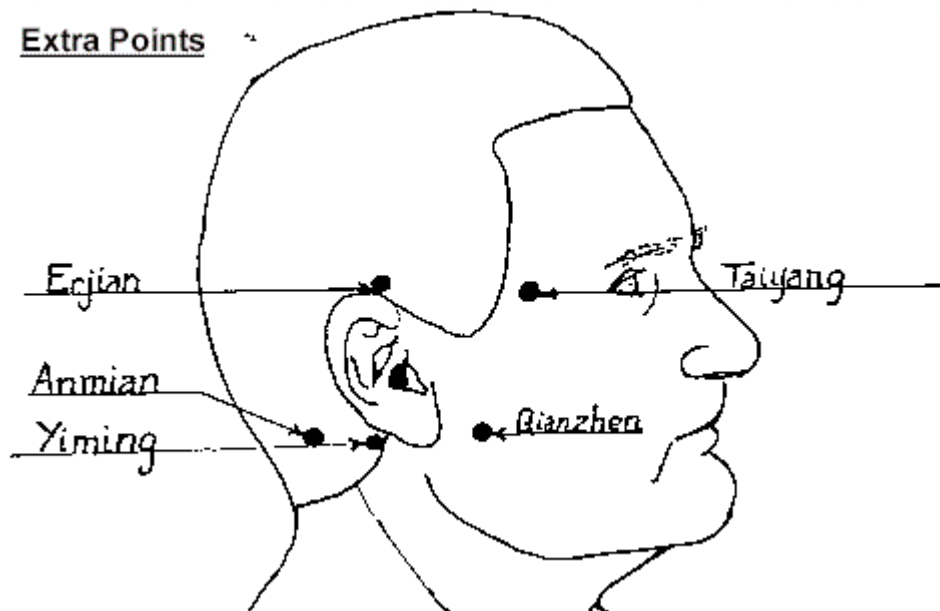
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Yiming: (New Point)

Meaning 'eye bright' it's location is just back from TH 17 1 cun towards the backbone. When TH 17 is struck, it is likely that this point is also struck. However, the direction for Yiming is straight in while TH 17 is from rear to front. It is usually struck with a one knuckle punch and has a devastating effect on the brain causing knock out or even death.

Its healing functions are to do with the eyes, causing them to be brighter, better eyesight, night blindness, early signs of glaucoma, tinnitus, vertigo, hysteria and mania with emotional excitement.



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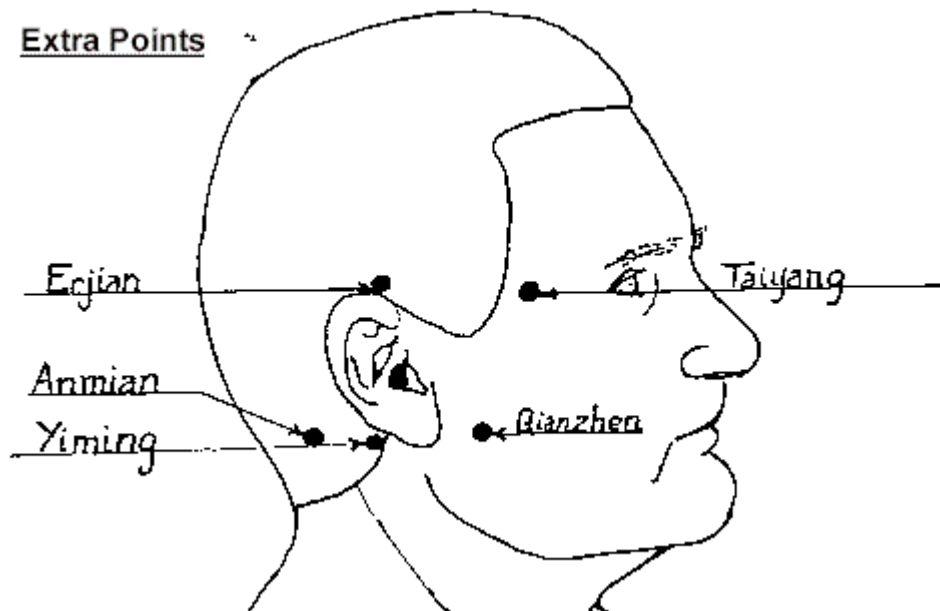
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Anmian:

Meaning 'sound sleep', this is what this point does healing wise. It is situated midway between TH 17 and GB 20. This is a death point all by itself, but include either GB 20 or TH 17 and it is irrecoverable. The strike is done in towards the base of the brain, hence its danger warning. In the least it will cause extreme dizziness and in the long term acute insomnia. It will cause knock out somewhere in between.

The healing benefits of this point are; insomnia, dream disturbed sleep, headache, vertigo, palpitation, hypertension, deafness and hysteria. Massage towards TH 17 using the thumb.



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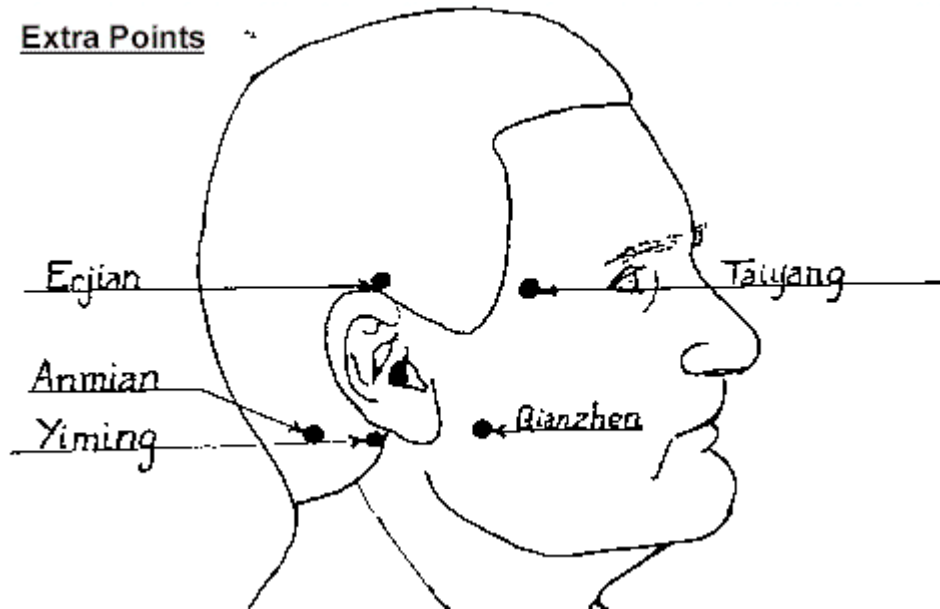
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Erjian:

Meaning 'apex of the ear', this point will cause knock out in the least and death in the most. Extreme dizziness and unbalance will occur when this point is struck straight in towards the skull. It is situated directly above the apex of the ear on the side of the skull. Combine this point with any of the gall bladder points around the ear and you indeed have a devastating combination of point strikes.

In the healing area, this point is good for; sore and red eyes, sty, sore throat, corneal opacity. It is used traditionally to brighten the eyes, dispel pathogenic wind and to stop pain. It can be used with GV 15 for sore throat and aphonia.



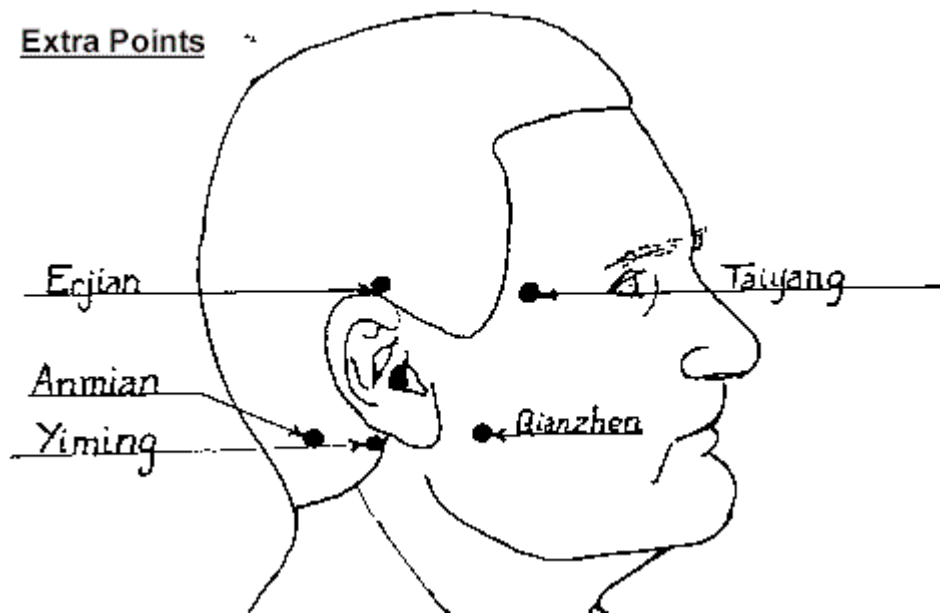
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Qihou:

Meaning, "behind the eyeball", this point is located just under the eye in a line with the outer edge of the pupil. It is used to heal eye diseases. This point is usually struck with a one knuckle punch slightly downwards into the lower eye socket causing obvious damage because of its location to the eye. Even when struck lightly, this point will cause great throbbing pain for days afterwards. This strike will stop any fight when struck correctly.



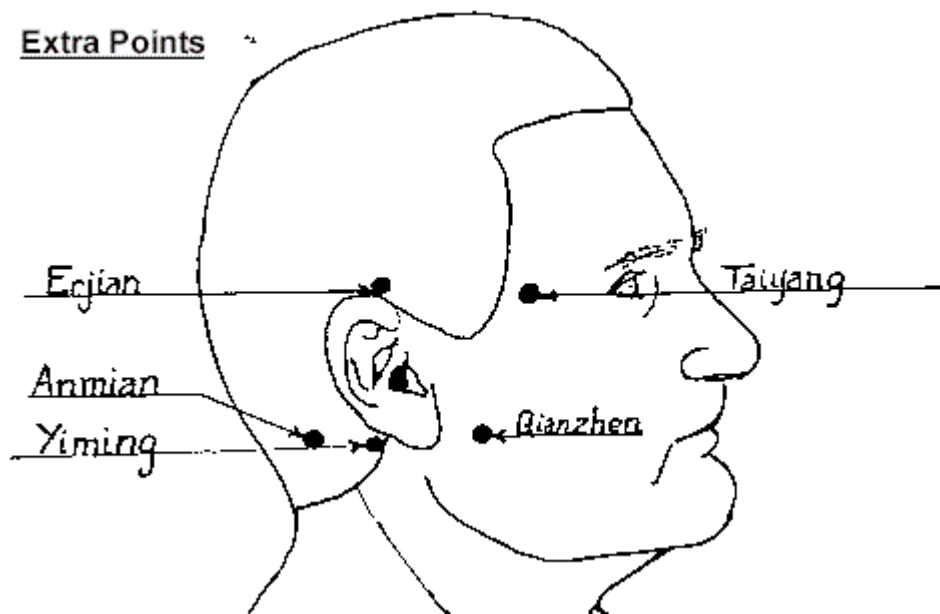
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Bitong:

When struck here, the recipient feels great nausea and weakness in the whole body due to this point's action upon the lungs. Great local pain and qi drainage is felt when struck with a one knuckle punch at an angle of 45 degrees to the side of the nose.



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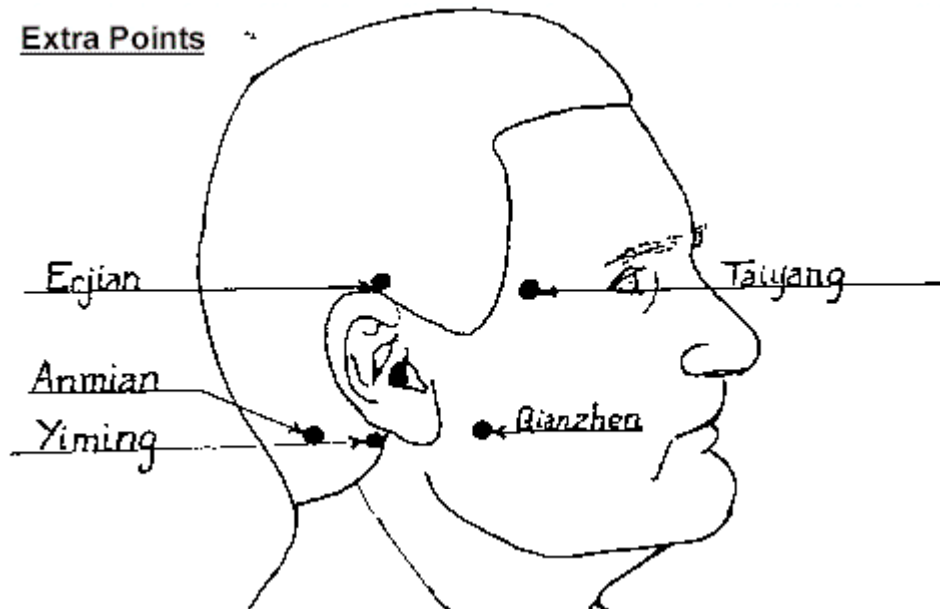
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Shangming:

This point is located in the middle of the upper eyelid (if the eyelid is closed) or on the superior aspect of the eyeball if the eyes are open. To strike it is to strike to the eyes with obvious results.

No one can carry on when this point has been struck, the pain is just too great and apart from that, he cannot see! Shang meaning 'superior' and 'ming' meaning brightening. It can improve the eyesight. Other healing applications include; ametropia, optic atrophy and redness in the eye, excessive lacrimation.



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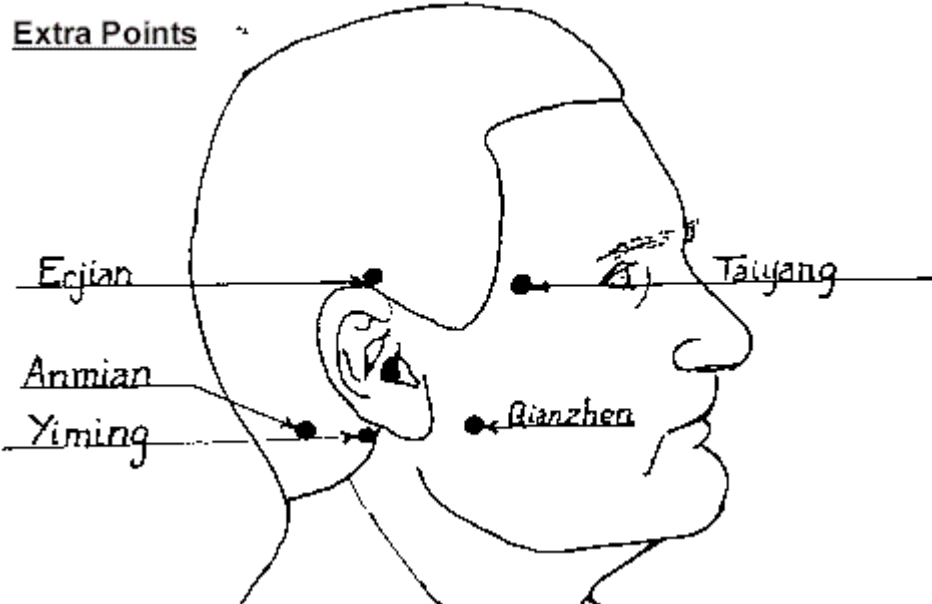
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Jiachengjiang:

Located 1 cun lateral to CV 24 just back from the tip of the jaw, this point when struck also has obvious damage to the chin causing the mind to black out for a few seconds causing knock out and jaw damage. Jia meaning lateral or beside and Chengjiang meaning CV 24.

It must be struck at a slight angle inwards to the jaw. Some of its healing benefits are; facial paralysis, ulceration of the gum, spasm of the face and trigeminal neuralgia of the 3rd branch.



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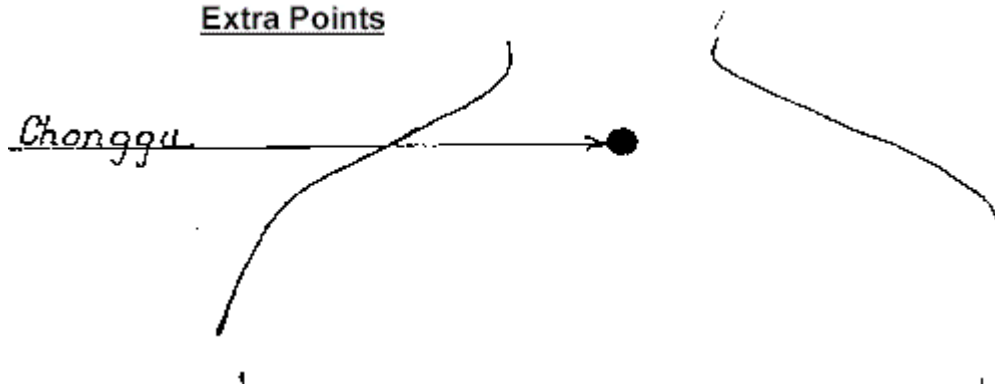
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Chonggu:

Meaning 'respected bone', this refers to C7 (cervical 7). The point is located just to the side of and between the spinous process of C6 and C7. This is a good point to strike to should the attacker have his back to wards you. It can also be accessed from the front as in the case of grappling with one hand around over the back of the neck. This strike also attacks the 'yang' causing extreme drowsiness and or mental instability.

The healing benefits are; common cold, asthma, cough, maniacal behavior with emotional excitement, insanity and emotional depression, pulmonary tuberculosis, neck rigidity and swollen neck with difficulty swallowing.



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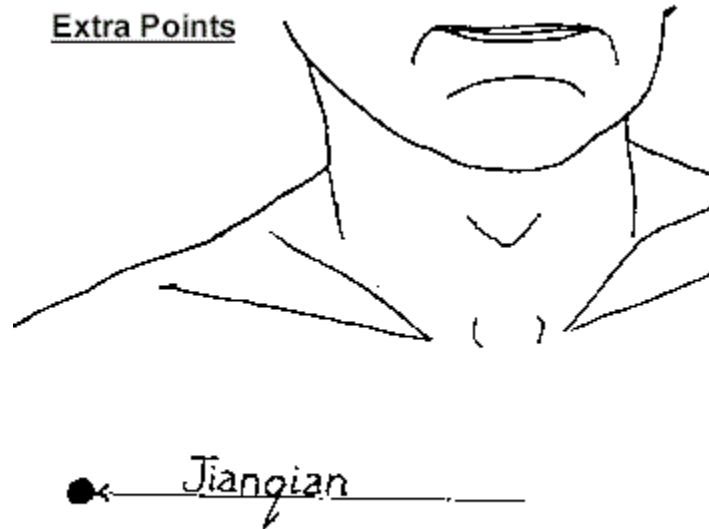
Jianqian:

Meaning 'shoulder anterior', this point can be used with SP 19 to affect what the opposite leg does. It takes power from that leg as well as great local pain. So a strike here just before an opposite leg attack will cause that leg to become weak. We can also use this point when we intend striking to points that would cause the attacker to sit back onto the rear leg for instance, which will be weak and not be able to hold his weight after this point strike.

It is located at the midpoint of the line connecting the upper end of the anterior axillary crease and CO 15.

Healing application of this point are; motor impairment, frozen shoulder (can be used with HT 1 for this), paralysis of the upper limbs and pain in the shoulder.

Usually struck straight in.



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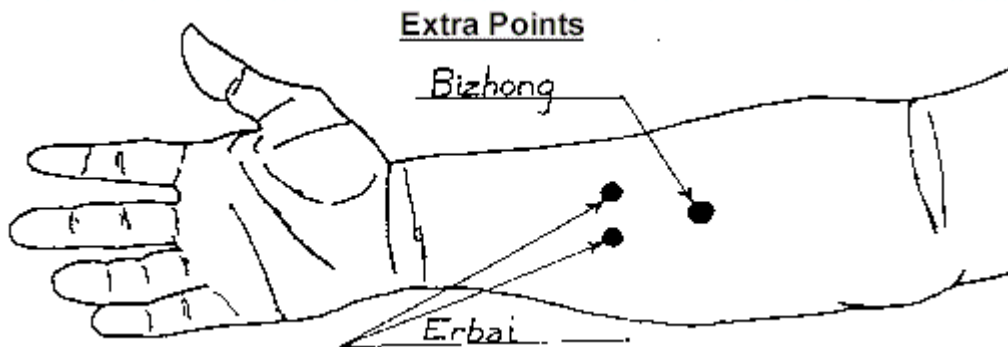
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Bizhong:

This point is an excellent point to use with LU 5. If LU 5 is struck straight in, then the palm is allowed to slide down the arm (with force) over Bizhong and the next points called "Erbai". These points can cause a knock out.

Meaning 'center of the forearm', this point is located between the transverse crease of the wrist and that of the elbow between the radius and ulna.

Healing indications; pain in the forearm, paralysis of the upper limbs and hysteria, hypochondriac pain.



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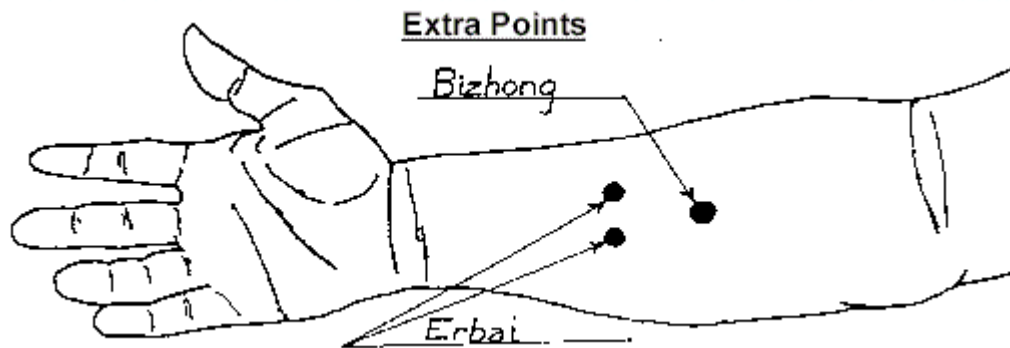
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Erbai:

These two points are located 4 cun above the transverse crease of the wrist on either side of the tendon of the muscle flexor carpi radialis. Both points are at the same level. Meaning 'two' (er) and 'white' (bai) which means that these points have to be understood to be used. They have special indications and the practitioner must know about these in order to treat using them. These points are used with 'bizhong' to cause a knock out also with LU 5. However, they can also be used all by themselves as very potent arm damaging points when struck straight in using a knife edge strike. Great local pain and qi drainage is indicated.

The healing properties of these points are; for hypochondriac pain, prolapse of the rectum, hemorrhoids and painful forearm.



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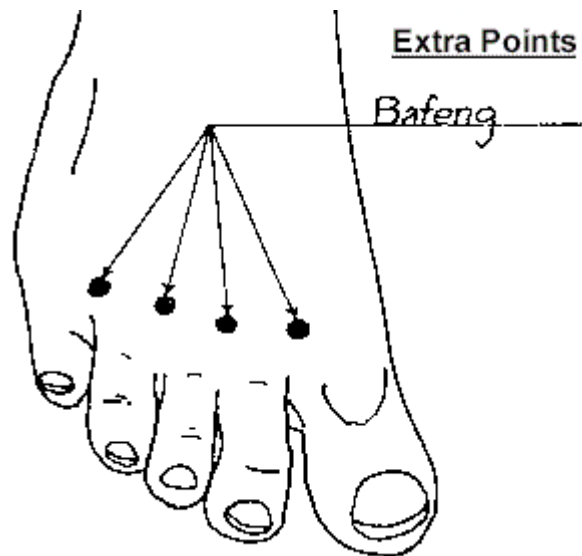
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Yaotongxue: (Lumbago Point) (New Point)

Yaotong means lumbar pain while xue means point. There are three of these points on the back of the hand. About one and a half cun distal to Zhongquan and the same distance between each other. These points also create much pain when struck with a back-fist and local qi drainage.

These are also good set up points.

In healing, these points are punctured 0.8 cun deep towards the center of the palm. The patient is also advised to do some lumbar rotations while the needles are still in situation.



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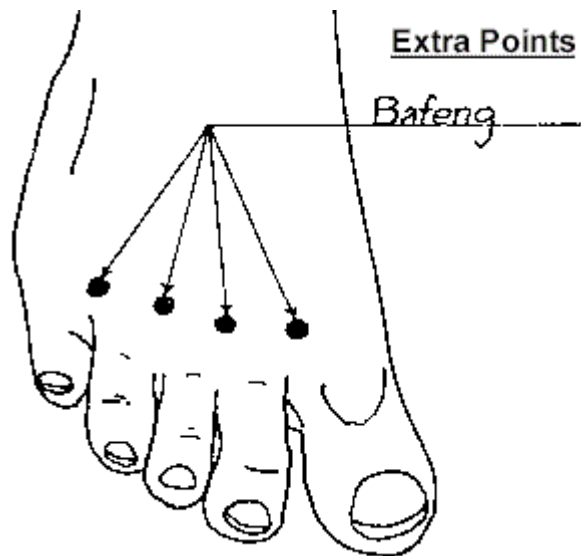
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Zhongquan:

Meaning 'dorsum' and 'spring' or depression. Hence this point is located right in the middle of the back of the wrist flexure midway along a line drawn between CO 5 and TH 4. When struck straight in with perhaps a back-fist, there is extreme local pain hence qi drainage. This give plenty of time to execute a more deadly attack. It is a nice set up point strike.

The healing properties of this extra point are; abdominal distension and pain, fullness and distension of the hypochondriac region, cough, asthma, epigastric pain.



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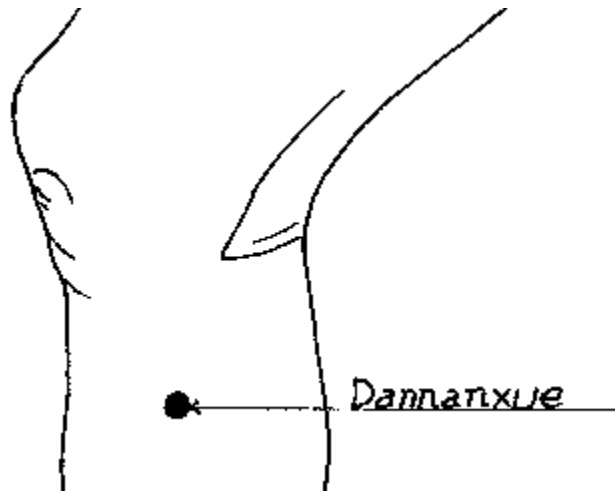
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Weishang:

Meaning "stomach lifting", this point is located at either side of the waist where the waist is smallest. It is two cun above the navel and 4 cun lateral on both sides. It is used to lift the stomach in the case of prolapsed stomach. It can also treat "gastroptosis". When struck on either side, this point has the ability to kill sending a shock wave up into the lungs and heart and can rupture the internal organs that lie behind this point. Usually it is struck both at the same time with two palm strikes.

Your opponent is in great danger should you also strike LIV 13 on both sides because it is quite close to this point.



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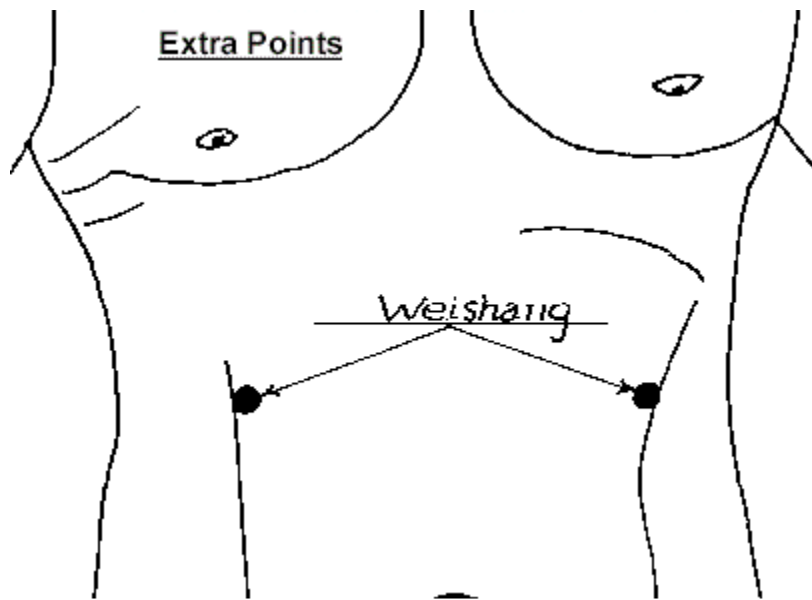
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Bafeng:

Ba means "eight" as in Bagwazhang, and in this case refers to the eight spaces between the ten toes, while feng means the pathogenic wind. The eight points are located on the junction of the red & white skin on the webs of the toes.

In healing these points will eliminate pathogenic wind, ease pain, activate blood circulation, and remove obstructions from the meridians.

When stomped on, these points cause great local pain and qi drainage. Drop a hammer on your foot near this area and see how it hurts, you just have to sit down, the pain is so great.



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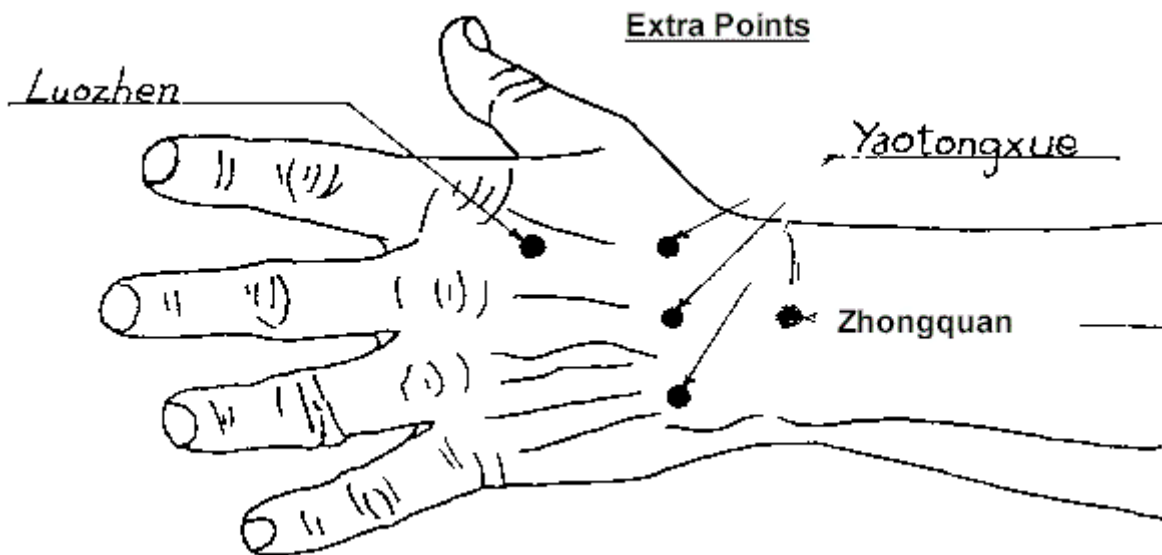
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Dannangxue: (New Point)

Called so, because 'dannang' means gall bladder and xue means 'point'. It is situated near GB 34 about 1 to 2 cun below that point on the GB meridian. The point is moveable as so many of the acupuncture points are. So with most of the points we make sure by using a larger weapon such as a palm strike etc. A hard strike here will cause qi drainage and even knock out when struck really hard with perhaps a heel striking straight in. The point is quite sore to the touch.

In healing, this point is used for acute an chronic cholecystitis (inflammation of the gall bladder). It is very useful at the onset of this ailment.



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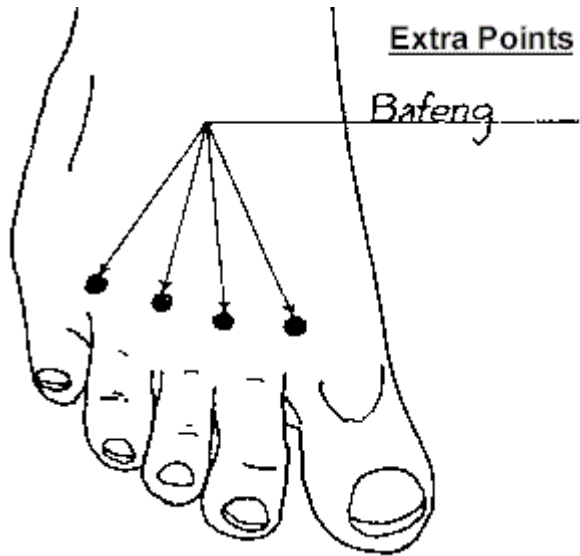
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Luozhen:

I mention this point because it is excellent in healing neck sprain, something that martial artists get often while training incorrectly! This point when struck sends like an electric shock up the arm and down the hand causing qi drainage. It is located back from the index finger's web. Meaning 'neck sprain' this point is located about .5 cun back from the metacarpophalangeal joint. It is sometimes called 'Wailaogong'.

In addition to neck strain, it also helps with acute gastric pain, painful shoulder and pain in the arm.



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